

Dr. Jorge Chahla-Knee Surgical Medical Equipment

Medically Necessary Equipment:

- **Standard Hinged Post-Op Knee Brace** (Most knee repairs Immediately after surgery-delivered to surgery location)
 - **Reparel Leg Undersleeve** (Sized and fit under brace at post-op appointment following certain knee procedures)
- **Foam Leg Immobilizer** (For meniscus root repairs immediately after surgery-delivered to surgery location)
- **Crutches if needed** (Received after surgery if needed-available at surgery location)
- **Custom PCL Brace** (Possible transition for use at 2-weeks after surgery for PCL reconstruction-fit at DME Store)
- **Unloader Knee Brace** (Possible transition for use 6-weeks after surgery for meniscus root repairs-fit at DME Store)
 - **Reparel Knee Undersleeve** (Sized and fit under unloader brace at brace pick-up appointment)

Optional Medical Equipment:

- **Gel Ice Wrap (Large)** Available at surgery location and placed on extremity cold from freezer)
- **Optional Water Circulating 'Donjoy Iceman'** (Delivery available if paid at least one business day prior to surgery)
- **Optional Cold Compression 'Breg Wave'** (Delivery available if paid at least one business day prior to surgery)

Reparel Leg/Knee Undersleeve: This is a bioactive fabric sleeve worn under the Post-Op Knee Brace or Unloader Brace, designed to improve circulation and resolve post-surgical inflammation and pain. It is non-reliant on compression to resolve swelling and therefore is extremely comfortable.



Custom PCL Brace: If you are having a PCL reconstruction knee surgery, Dr. Chahla will have you transition to a custom PCL brace approximately 2 weeks after surgery (once good quad control is achieved). Measurements must be taken at a DME Store prior to surgery, and the brace will be preauthorized with your insurance. The brace should be picked up prior to surgery if possible or around your 2 week follow up appointment.



Unloading Knee Brace: If you are having a meniscal root repair knee surgery, Dr. Chahla may prescribe an unloader brace to you at your 2-week surgical follow-up. The DME Store will go over which brace option is recommended based on your surgery. It will be pre-authorized with your insurance/ordered for your pick-up at approximately your 6-week follow-up.



Optional Breg Polar Care Wave Ice Machine: Provides cooling and intermittent compression to the extremity. Use should be approximately 20-30 minutes when awake every hour as needed unless otherwise directed by Dr. Chahla. The product is not billed to private insurance and must be paid for at least one business day prior to surgery to allow time for delivery to your surgery location.



Optional Donjoy Iceman Ice Machine: Provides cooling with cold ice water from unit to the extremity. Use should be approximately 20-30 minutes when awake every hour as needed unless otherwise directed by Dr. Chahla. The product is not billed to private insurance and must be paid for at least one business day prior to surgery to allow time for delivery to your surgery location.



Optional Breg Gel Ice Wrap (Large): Gel wraps around your extremity and stays cold for approximately (2) hours. The (2) gels included are used per 20-30-minute icing session and can be billed to your insurance. This is used ideally with less invasive knee surgeries.



Midwest Orthopaedics at Rush DME Store Contact Information

Chicago - 1611 W. Harrison Suite 103, Chicago, IL - (312) 432-2482

Oak Brook - 2011 York Road, Oak Brook IL - (708) 492-5664

Oak Park - 610 S Maple Ave. Suite 1550, Oak Park, IL - (312) 432-2550

Munster - 9200 Calumet Ave. Suite 300, Munster, IN - (708) 492-5450

Westchester - 2450 S Wolf Road Suite G, Westchester, IL - (708) 273-8426

Naperville - 55 Shuman Blvd, 7th Floor, Naperville, IL - (630) 339-2262

Joliet - 963 129th Infantry Dr. Suite 100, Joliet, IL - (708) 492-5921